The concept of the evolution of the soul is nothing new. We've been preoccupied with what the soul is and how to make it better from the beginning of our history. One of the major questions I've always had is, what exactly is a soul? I got into a fair amount of trouble as a kid, because I constantly asked what it was that received punishment, or a reward, after our earthly journey ended. The answer was, our soul; my soul, to be precise. I cannot say, however, in good conscience, that I feel lousy because my soul is evolving. This is as good a place as any to mention that some of the people who write about such things are anxious to enroll you in their course on how to alleviate the symptoms, or help you hasten your journey up the soul-evolution ladder.